

## New Mexico 4-H 101 *Part 4*

# A 4-H Leader's Role

Organizer, facilitator, teacher and mentor.

Create educational programming through club meetings, community service projects, events, activities,

Give of their time and resources to help youth learn and gain skills,

All the while having fun in the process!

# A 4-H Leader's Role

## Conduct Youth Development Programs

Policies and procedures under which New Mexico Cooperative Extension operates.

Non-discriminatory, and are available to anyone regardless of

Race,

National  
Origin,

Religion,

Disability,

Marital  
Status

Color,

Gender,

Age,

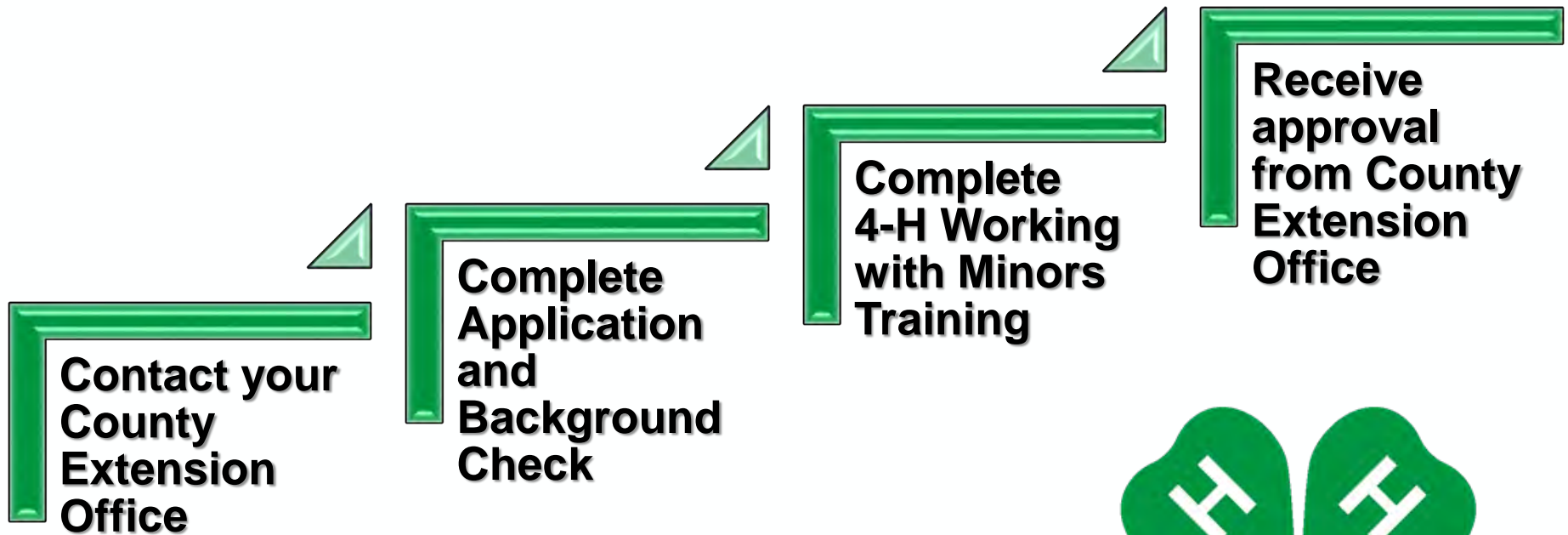
Sexual  
orientation

Further information is available in the *Policies & Procedures Handbook* at <http://nm4h.nmsu.edu>.

## *NM 4-H Club Leader Handbook*

*All 4-H leaders in New Mexico serve on a volunteer basis. To serve as a leader is a responsibility as well as an honor. The New Mexico 4-H Youth Development Program believes in providing a safe environment for youth to learn and achieve.*

# Steps to become a 4-H Leader



# Building a team

## The team approach:

Assures  
that 4-H  
belongs to  
everybody  
in the club.

Opportunity  
for each  
person to  
grow as the  
work of the  
club is  
shared.

Prevents  
burn out  
and fade  
out

Prevents  
martyrs  
who do all  
the work  
but  
complain  
about doing  
it.

# Building a Team

4-H  
officers

Junior  
and  
teen  
leaders

Adult  
leaders

Parents

Youth learn to take charge of their group. Adult leaders guide and facilitate; they maintain the club structures, which make learning possible, and provide leadership experiences for youth.

# Types of 4-H Leaders

To form an effective team, you must define the types of leaders your club needs. This will depend on the size, type of club, and the ages of the members

## Club Officers

- **President**
- **Vice President**
- **Secretary**
- **Treasurer**
- **Reporter**

## Adult Leaders

- **Organizational leader**
- **Project leaders**

## Additional Leaders

- **Assistant Leaders**
- **Activity Leaders**
- **Junior or Teen Leaders**



Experience a  
positive  
self-concept

# Basic Needs of Youth

Experience  
success

Develop  
and accept  
ones own  
identity

Become  
increasingly  
independent

# Ages and Stages Overview

**Satisfaction from participation in 4-H is based on matching the level of involvement to the needs and readiness of the youth. Each individual matures at his or her own pace and the transition from one state of development to the next is gradual. Understanding characteristics and needs at different developmental stages is important in planning 4-H learning opportunities. This promotes progressive acquisition of subject matter information and life skills.**

**The following presents general developmental characteristics of youth at various ages. Activities and projects should be developed in recognition of needs at various life stages.**

**Developmental Characteristics of Youth and Implications for Experiential Learning**

**Resource: Developmental Characteristics of Youth: Implications for Experiential Learning**  
[http:// www.experientiallearning.ucdavis.edu/tlbx-ages.shtml](http://www.experientiallearning.ucdavis.edu/tlbx-ages.shtml)

**Characteristics**

**Implications**

**Ages 5-8**

**Apply**

**Reflection/Share**

**Characteristics**

**Implications**

**Ages  
9-11**

**Apply**

**Reflection/Share**

**Characteristics**

**Implications**

**Ages  
12-14**

**Apply**

**Reflection/Share**

**Characteristics**

**Implications**

**Ages  
15-19**

**Apply**

**Reflection/Share**

# The 4-H Project

## The 4-H Project

Focused area of work

Planned sequence

- age-appropriate and
- research-based learning opportunities

Skill and positive youth development

## The Project Group

Guidance of a volunteer 4-H project leader

4-H Community Club

One common project

- Horse
- Photography,
- Sewing
- Shooting sports.

Result

- Knowledge
- Skills

## The Project Curriculum

Project Choices

- Wide range of
- Learning experiences
  - Hands-on,
  - Research-based.

Curriculum Materials

- Support and guide learning
- Support individual learning
- Challenge members

## State Approved 4-H Projects

Supported by the New Mexico 4-H Youth Development program.

Listed in *New Mexico 4-H Projects and Literature*

Coordinated through your County Extension Office.

## County Projects

Developed and used at the county level

Not listed in the state publications catalog

Usually set up to meet a specific need within the county 4-H program

Check with your Agent for county 4-H project opportunities available in your county

## Self Determined Projects

Designed for the 4-H member who is interested in the further study of a subject for which no additional 4-H project materials are available.

May be a continuation of a regular 4-H project

Educational goals for self determined projects should be approved by the 4-H leader before beginning the project.



For more information about 4-H in your county go to the **New Mexico 4-H** website. The menu on the left side of that page has a **Find Your Extension Office** tab.

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New Mexico State University

Type a Keyword

Home Impact Stories Academics Research Extension & Outreach 4-H Alumni & Giving Quick Links

NMSU > College of Agricultural, Consumer and Environmental Sciences (ACES)

### 4-H Youth Development


- 4-H Youth Development Home
- About 4-H
- How to Join
- Meet the Team
- Contact Us
- Find Your Extension Office**
- 4-H Newsletters
- 4-H Foundation
- For 4-H Agents

### Scholarships

- State and National Scholarships

### Volunteer & Leadership

## 4-H Youth



4-H,  
Your First Class  
at New Mexico State University


### Ideas and Action!

The 4-H youth development program is a dynamic non-formal education program.

4-H provides youth with opportunities to learn skills, gain knowledge, have fun, and make contributions in such areas as environmental education, community service, and current youth issues.


To find out more about 4-H opportunities in your area, contact your local **County Extension Office** or our **4-H Faculty and Staff**.

If you have any problems viewing information or obtaining forms from this website, please contact the State 4-H Office at (575) 646-3026.




### March

2020 Home Economics School



### April

2020 Youth Get-Away



### April - May

2020 New Mexico State 4-H Shooting