

New Mexico 4-H 101 *Part 1*

Welcome to New Mexico 4-H



Let's look at the big picture of New Mexico 4-H, whose program it is, who is administratively responsible for 4-H in New Mexico and how you and your family can be a part of New Mexico 4-H program.

But first we need to see who administers this program and how it is connected to New Mexico State University.



Under the Morrill Act of 1862, New Mexico College of Agriculture and Mechanical Arts was designated as the state's land-grant institution and today is known as New Mexico State University. New Mexico State University is dedicated to teaching, research, and service.



**NMS
STATE**

**There are over 100 Land Grant
Universities in the country.**



Service

In 1914 the Smith-Lever Act passed which created the Cooperative Extension Service. This Act conveys knowledge from the NMSU College of Agricultural, Consumer and Environmental Sciences to the people and needs of the people to the NMSU College of Agricultural, Consumer, and Environmental Sciences. The Cooperative Extension Service does this through its many programs offered by the county/tribal extension agent in every New Mexico county.

NMSU

NMSU College of Agricultural, Consumer and Environmental Services (ACES)

New Mexico Cooperative Extension Services (CES)

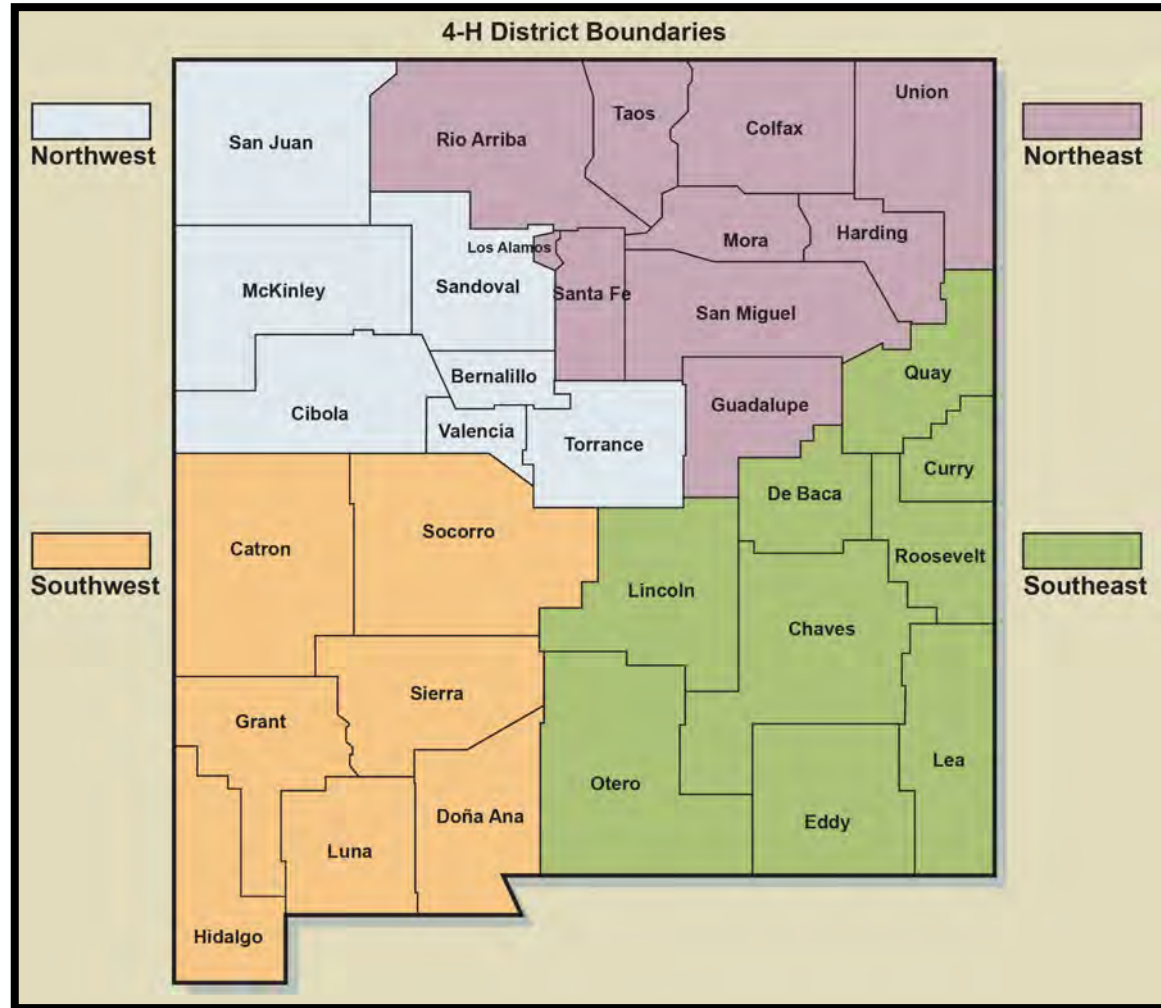
4-H

District CES
Director

County Extension
Office

New Mexico has an office in every county

- | | |
|--------------------------------|--------------------------------|
| 1. Bernalillo | 18. McKinley |
| 2. Catron | 19. Mora |
| 3. Chaves | 20. Otero |
| 4. Cibola | 21. Quay |
| 5. Colfax | 22. Rio Arriba |
| 6. Curry | 23. Roosevelt |
| 7. De Baca | 24. San Juan |
| 8. Doña Ana | 25. San Miguel |
| 9. Eddy | 26. Sandoval |
| 10. Grant | 27. Santa Fe |
| 11. Guadalupe | 28. Sierra |
| 12. Harding | 29. Socorro |
| 13. Hidalgo | 30. Taos |
| 14. Lea | 31. Torrance |
| 15. Lincoln | 32. Union |
| 16. Los Alamos | 33. Valencia |
| 17. Luna | |



The Cooperative Extension Service provides the people of New Mexico, and the greater USA, with practical, research-based knowledge and programs to improve their quality of life.

New Mexico Cooperative Extension Service offices are found in all 33 counties, and are a part of the NMSU College of Agricultural, Consumer, and Environmental Sciences.

County Extension Office

County Program Director

County Extension Agent

Programs

4-H

Ag

FCS

Others

Program areas include 4-H Youth Development, Agriculture and Natural Resources, Family and Consumer Sciences and many other programs to improve the quality of life.



- *4-H is the youth development* program of the Cooperative Extension Service.
- It is the **largest** youth organization in the world.

4-H is

- Research-based
- Youth education program
- Based on the four concepts of positive youth development

Concepts of Youth Development

- Belonging
- Independence
- Generosity and
- Mastery

Belonging

- Positive Relationship with a caring adult
- An Inclusive environment
- A safe environment

Mastery

- Engagement in Learning
- Opportunity for Mastery

Independence

- Opportunity to see oneself as an active participant in the future
- Opportunity for self determination

Generosity

- Opportunity to value and practice service for others

4X More likely to give back to their communities

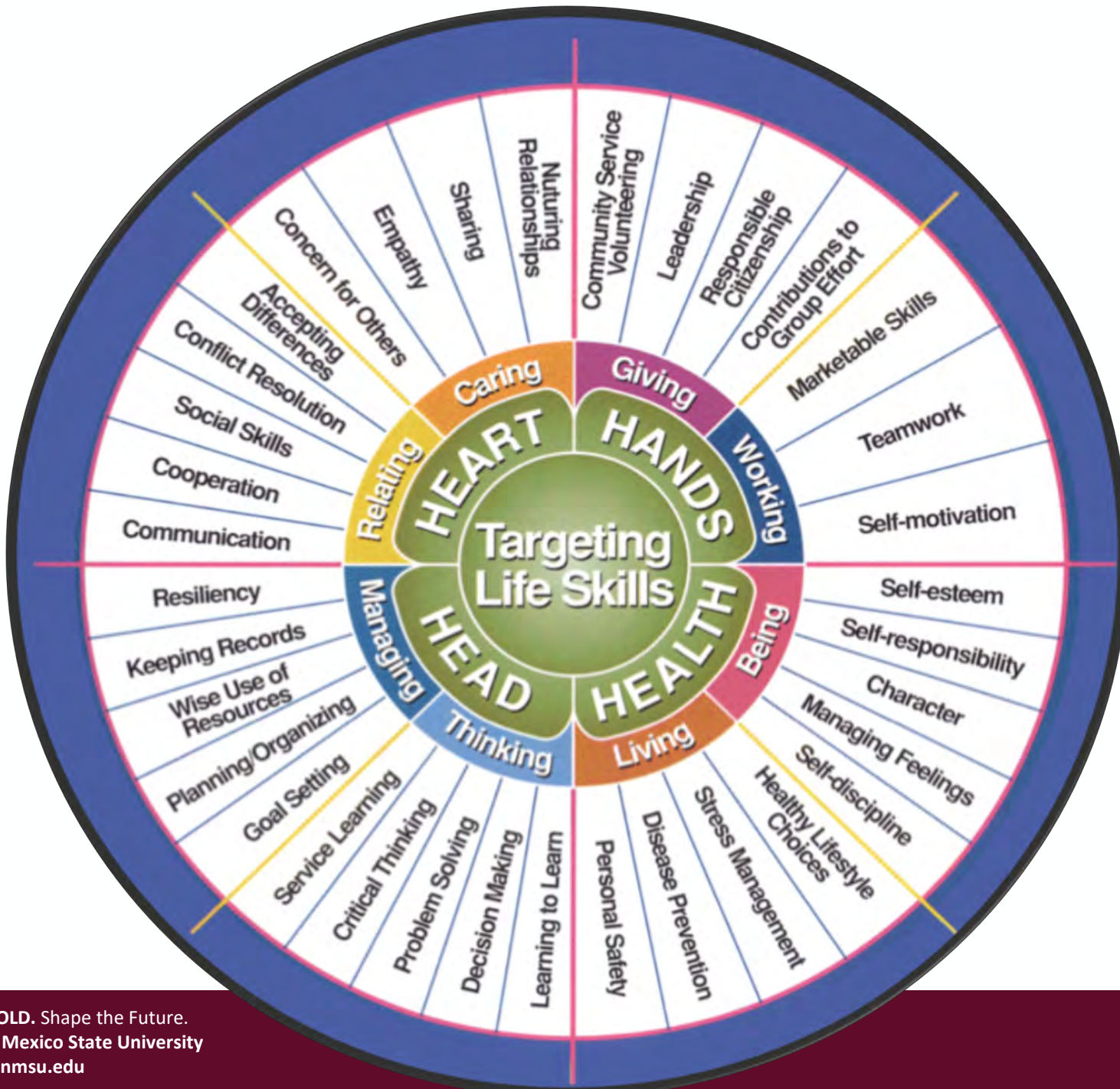
2X More likely to make healthier choices

2X More likely to participate in STEM activities

2X More likely to be civically active

2X More likely to participate in science activities outside of school time

The Positive Development of Youth: Comprehensive Findings From the 4-H Study of Positive Youth Development. Richard M. Lerner, Jacqueline V. Lerner and Colleagues. Institute for Applied Research in Youth Development. Tufts University. 2002-2010



The mission of the New Mexico 4-H Youth Development Program is to provide youth the opportunities to acquire leadership, citizenship, and life skills. New Mexico 4-H programs are based on the four concepts of positive youth development which are belonging, mastery, independence, and generosity.



HEAD

“I like helping my community. It is important.”

• John, Age 7, Dona Ana County Cloverbud



HEART

“I learned how to speak in front of people when I gave my demonstration. I learned about leadership, responsibility, taking care of animals, working hard and helping others in my community.”

• Aubry, Age 10, Eddy County Novice



HANDS

“Being a county diplomat has increased my leadership skills and my level of 4-H activities. It has improved my ability to interact with people I have never met before without getting nervous.”

• Colton, Age 12, Valencia County Junior



HEALTH

“I have learned to be detailed oriented, manage my time and keep records. These skills have helped me to become self-motivated, independent, organized and confident.”

• Hallie, Age 16, Rio Arriba County Senior

To learn more about New Mexico
4-H continue to module:
New Mexico 4-H 101 - Part 2

